



AMERICA'S CUP

REGATTA DIRECTOR NOTICE #39

Issued 31 March 2016

Re: Medical Support for Louis Vuitton America's Cup World Series Regattas

This notice is based on advice from Medical Support Offshore Ltd ("MSOS"), following the meetings held in Oman and the discussions that the doctors from MSOS have had with each team.

The information in this notice aims to improve the first response to incidents, as well as ensure the continuity of care of patients from the water to ashore and finally to an appropriate medical facility.

1. Incident Coordinator (Person in Charge)

One person on the rescue boat shall be responsible to coordinate the response to an incident. That person must have an understanding of the event safety procedures and higher medical support available as well as being able to manage the activities of the rescue boat and communication with the other stakeholders.

2. Requirement for each team to have a person with certain medical competencies

As required in Racing Rule 87.5, each Competitor shall have a designated team member with first aid training on their rescue boat. It is the advice of MSOS that such skills cannot be simply gained from a short training course. ACRM will therefore not be mandating a specific medical training course.

For the Louis Vuitton America's Cup World Series regattas, a designated team member shall have, as a minimum, the skill sets to manage the following situations.

- a. Ability to know when to ask for help
- b. Removing someone from the water
- c. Knowledge of specialized medical resources available in the racing area.
- d. Management of Head Injury
- e. Management of Unconscious patient
- f. Management of Drowning/Near Drowning patient and awareness of ongoing potential problems
- g. Management of serious limb injury
- h. Ability to Triage



The responsibility is on each Competitor to be satisfied that their designated team member with first aid training is proficient in these skill sets and confident to use these skills. This approach is in line with the duty of care that each Competitor has to their sailors when away from the regatta and training on their yachts. Compliance to this rule will be by a declaration made by the Skipper or CEO of the team.

3. Minimum Equipment to have on a Competitor chase boat.

Each Competitor should have, as a minimum, the following equipment on their rescue boat:

- Backboard – There are many variables – It is sensible if this fits into a Helicopter basket. It is vital that it has lifting straps.
- Neck Collar (adjustable x2)
- Airways – Guedel – 2 sizes or iGel if proficient in using.
- BVM – Bag Valve Mask
- Tourniquet – Trauma
- SAM Splint x 2
- Defibrillator with 2 sets adult pads – Towel
- Trauma Bandage.
- Celox trauma bandage
- Crepe bandages Large, Medium, Small x 3 each
- Assorted Dressing Pack
- Duck tape
- Examination Gloves Large & Medium
- Scissors/Tuff cuts

I will work with the Umpires and teams to include this list into the Racing Rules so that these requirements are properly documented.

4. Swimmer

Each rescue boat shall have one dedicated person who is available to get into the water and assist in an incident. This 'swimmer' shall have, as a minimum, the following:

- a. Thorough understanding of AC racing yacht
- b. Understanding of individual crew and their position(s) on yachts at different times
- c. Removing someone from the water
- d. Equipment needed to assist extraction of patient from an accident



5. Coordinated service

With a standard minimum competency on each Competitor's rescue boat, and standard minimum medical equipment on-board each rescue boat then the medical support provided at each venue can fit in to these arrangements and provide the continuity of care.

The plan is that each venue provides a Paramedic or Doctor who knows the local setup and can co-ordinate with the local services such as the Coastguard and the local trauma center. Furthermore, ACRM will provide a Paramedic or Doctor who will come to the regattas in order to maintain a degree of consistency at the events and to also to have knowledge of each Competitor's setup ("AC Medical Coordinator"). These 2 individuals would be in a medical boat that will be supplied by the venue.

6. Specific Venue requirements

Local laws at different venues may require changes to these plans. If a change to this notice is required, I will publish the specific changes.

Iain Murray
Regatta Director